



2025 SUMMER STRENGTH & CONDITIONING

WARRIOR STRENGTH & CONDITIONING SPORTS YOU CODE: W3Q5-SCXE

JUNE 3	JUNE 4	JUNE 5
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JUNE 10	JUNE 11	JUNE 12
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JUNE 17	JUNE 18	JUNE 19
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JUNE 24	JUNE 25	JUNE 26
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JULY 8	JULY 9	JULY 10
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JULY 15	JULY 16	JULY 17
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School
JULY 22	JULY 23	JULY 24
8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School	8 - 10am - Boys 9 - 11am - Girls	8 - 10am - Boys 9 - 11am - Girls 11am - 12:30pm - Middle School